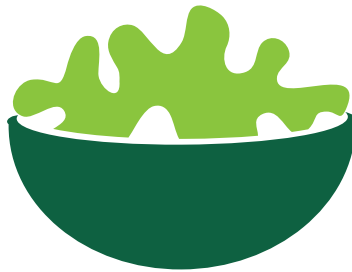


STAMFORD
SALADS.COM



*Catering, meetings
and events*

JUST MADE. JUST FOR YOU



CHEF SALADS & MORE

Our chef has created flavors from around the world using fresh, seasonal, and often locally-sourced ingredients. all our dressings are made in-house and are 100% natural, and sweetened with agave and are gluten free. every salad is create to perfection by our talented team.

All prices are per person / 10 person minimum
served with bread basket

signature salad 9.95

CHOPPED SALAD
BALSAMIC GRILLED CHICKEN SALAD
PESTO GRILLED CHICKEN SALAD
WALNUT CHICKEN SALAD
APPLE AND FETA SALAD
LEMONY WHITE BEAN SALAD

premium salad 12.95

PALEO STEAK SALAD
SOUTHWESTERN SHRIMP SALAD
SHRIMP AND AVOCADO SALAD
GRILLED SALMON SALAD
CHIPOTLE CHICKEN SALAD

BUILD YOUR OWN SALAD BAR

order from a bounty of greens and toppings from which your guests can create their own freshly-made salad.

11.95 per person / 10 person minimum
served with pizza bread basket

your salad bar will include romaine and kale,
and your choice of the following:

TWO PROTEINS
EIGHT VEGETABLES
TWO CHEESES
3 DRESSINGS



VARIETY IS THE SPICE OF OUR WRAPS

we offer chef-designed wraps that celebrate
the current flavors.

7.95 per person / 10 person minimum

HEALTHY WRAPS

Whole Wheat or Multigrain

GRILLED VEGETABLES

Goat Cheese, Zucchini, Tomatoes, Eggplant,
Portobello Mushrooms

PICO DE GALLO

Grilled Chicken, Cheddar Cheese, Pico de Gallo

TURKEY

Turkey, Bacon, Ham, Swiss Cheese, Mayo, Avocado

PARMA PROSCIUTTO

Mozzarella, Basil Pesto, Sundried Tomatoes Paste

GRILLED CHEESE

Choice Of Brie, Mozzarella Or Swiss, On White Bread

BLACKENED CHICKEN

Fresh Mozzarella, Tomato, Mayo, Avocado

GRILLED CHICKEN

Sautéed Mushrooms, Roasted Onions And Swiss Cheese

TURKEY CLUB SANDWICH

Mayo, Turkey, Bacon, Lettuce And Tomato

SMOKED SALMON

Horse Radish sauce, avocado

WRAPS PLATTERS

our wraps platters are sold in two categories:
healthy wrap or baguettes. that's a lot of goodness.

simple 11.95 per person / 10 person minimum

choose selections from our wraps options
and one side salad

signature 14.95 per person / 10 person minimum

choose selections from our wraps options,
one side salad and sweet tray

supreme 18.95 per person / 10 person minimum

choose a selection from our wraps options, one side salads, sliced fruit and sweet tray

SOUPS ON!

our hearty soups will warm you. Made daily with market fresh ingredients,
Gluten free and vegan options too. Served with bread .

classic 5.95 per person / 10 person minimum

your salad bar will include romaine and kale,
and your choice of the following:

LENTIL

CHICKEN NOODLE

TOMATO BASIL

BUTTERNUT SQUASH

BEEF BARLEY

PASTA E FAGIOLI

GREEN PEA AND FAVA BEAN

PROTEINS

Chicken Cutlet (\$3.50)
Grilled Chicken (\$3.50)
Grilled Salmon (\$8.00)
Italian Tuna,
(In Olive Oil) (\$3.50)
Smoked Salmon (\$4.00)
Steak (\$8.00)
Turkey (\$3.25)

VEGETABLES

Artichoke Hearts
Asparagus, Banana
Black Beans, Broccoli
Carrots, Celery, Chickpeas
Cilantro, Corn
Crispy Onions, Cucumbers
Green Peppers
Hard-Boiled Egg
Jalapenos Fresh
Quinoa, Red Onions
Red Peppers, String Beans
Sun-Dried Tomatoes
Tomatoes
White Mushrooms
Wasabi Peas
Red Cabbage

CHEESES

Shredded Mozzarella
Swiss Cheese
Fresh Mozzarella
Feta Chesse
Gorgonzola
Goat Cheese
Pepper Jack Cheese
Cheddar Cheese
Parmigiano
Provolone

DRESSINGS

House Balsamic Vinaigrette
Oil & Balsamic Vinegar
Caesar
Honey Mustard
Ranch
House Cilantro Lime
Italian Dressing
Mango Glaze
Raspberry Vinaigrette
Fresh Lemon Juice
No Dressing